



Registration: All registration will be handled before arrival. Wristbands will be picked up by the studio director or representative. Payment in full and all covid waivers for every dancer must be received before registration is processed. Please visit www.NRGdanceProject and select Release/Waivers to complete. Registration packets will include dancer wristbands, teacher lanyards and audience wristbands.

NRG App: Please make sure you have downloaded the complimentary NRG danceProject App. This will be the best source of information for schedules, live streams, announcements etc. The NRG App is available in the App store or through the link on our website.

Covid Protocol: NRG is proud to have an on site Certified Covid Compliance Manager, **Laila Hardman**. If you have any questions or need assistance in this department please reach out to her directly at Laila@NRGdanceProject.com All attendees including dancers will be required to do the following: Wear a mask at all times while in halls, during classes etc. Masks must cover both the nose and mouth and face shields cannot replace masks. The wearing of masks during a competition performance will be determined as mandated by our venue. Daily Temperatures will be taken at the ballroom door prior to the first class each day. Please review additional covid protocols posted on our website for a more detailed breakdown.

Schedules: All schedules will be posted to the NRG website and NRG App. Typically, by the Monday prior to each city.

Merch Table: The Merch table will be open during competition, Saturday & Sunday 7:30AM-10:00AM 11:00AM-3:00PM and 4:00-9:00PM. Merch will operate on a cashless basis. At this time trying on clothing will not be permitted.

Virtual Class Option: All Mini, Junior, & Teen/Senior classes will be streamed live. Dancers have the choice to take class virtually if desired and approved by their home studio. Please use your dancer's individual media code, first two letters of first name, last name, and birthdate. Example: Jane Smith born July 12, 2004 = jasmith071204. Link can be used on one device at a time and will be available during class time only. Please note, dancers who choose to take class virtually will not be eligible for scholarships. If a dancer is unable to wear a mask in class for any reason, they will be asked to take class virtually.

Workshop Observers: NRG will **not** be allowing Observers in the ballrooms during classes. Registered studio directors and teachers with VIP pass ONLY! Parents can log into the complimentary password protected NRG live stream to view classes. Please use your dancer's individual media code, the first two letters of first name, last name, and birthdate. Example: Jane Smith born on July 12, 2004 would be jasmith071204. This link can be used on one device at a time. NRG will leave the ballroom doors open to allow for more air. We kindly ask that parents do NOT congregate in front of the doors at any time. ** Lil Spark Parents dancers age 4-6 please touch base with your studio director. **

Arrival for Class: Make sure your dancer is wearing his/her mask. Dancers should have a registration wrist band from their studio director and then report directly to the ballroom they have been assigned to. Each attendee must receive a temperature check and access sticker for class. Please do not have your dancer enter a ballroom until they have completed this step.

During Classes: *Dancers must wear a mask at all times!* If a dancer is unable to wear a mask for any reason, they will be asked to take the class virtually. Dancers should leave dance bags along the side of the ballroom spaced out as much as possible. It is suggested that they put bags together as a studio pod. Please keep bags small and bring only what is needed into the ballroom. Dancers will have taped boxes on the floor and should do their best to stay in those boxes. Faculty will have dancers move throughout the class to ensure that the front rows are rotated as much as possible. **All dancers must have their own water bottle. No water stations will be available. **

Scholarship Auditions: NRG does not require numbers. Your dancer is not simply a number! Junior & Teen/Senior Auditions will be done in the ballroom the dancers are dancing in. (No switching this year) Dancers will review combinations and be put into smaller groups. They will do ALL 3 combos. (Ballet, Jazz & HipHop) then we will ask some to dance again. All dancers will stay in the ballroom until the audition is completely over. Scholarship awards will be announced in the ballroom, announced during the NRGawards closing Live Stream following classes on Sunday, and results will be posted on our website as well.

Mini "Intro to Auditions" will be done in the mini ballroom. Dancers will talk, dance, improv and get better acquainted with auditioning. Faculty will choose a select few dancers who have left an impression to receive scholarships. They will be handed out in that class and results posted on our website as well.

NRG TV: Each group will have a class designated to film a combo for NRGtv. This will be shared on our Instagram as well as the during the NRGawards Live Stream

Dismissal from Classes: Please make a pick up plan with your dancer. We want to try our best to avoid mass gatherings during pick up. Please **DO NOT** wait at the entrance to the ballroom door to meet your dancer. Group start/end times are staggered to help with this.

What to Pack in Dance Bag: Please keep in mind that social distance requires space so pack lightly to attend our event. Some items we suggest having are as follows: Extra Masks, Wipes, Personal bottle of Hand Sanitizer, Water Bottle, Shoes/Clothing needed for the day, Band-Aids, etc.

Lunch: Each dancer is on their own for lunch. It is recommended that dancers either pack a lunch or have arrangements to meet parents for lunch at a specific place. Please do your best to maintain social distancing. Some venues will have grab and go lunch items set-up.

Competition Arrival: Please report to your assigned dressing room at your studios designated time. Do not arrive early and exit the dressing rooms promptly so they can be cleaned & sanitized for the next group. Please be considerate and throw away all trash.

Dressing Rooms: Only dancers, studio directors, and one parent or guardian will be allowed per dancer in the dressing rooms. Everyone entering the room must wear a mask. Please keep in mind social distancing.

During Competition: Please keep the audience to a minimum. Competition will be streamed live on the NRG App. for additional friends & family. Audience chairs will be spread out and aligned in pods to encourage social distancing. If attendance capacity is met for the room, access will be closed. Competition will run in a block format one studio at a time. We understand that studio block scheduling will cause a need for more costume change breaks etc. However, we ask that you do your best to have your dancer(s) ready on time. All competition schedules will be cleared with studio owners prior to the event. Limited number of audience seats will be available. This is determined in each city by Covid mandates at the time. Only audience members with a proper wristband will be allowed in.

Completion of Competition: Please leave your dressing room area as clean as possible by taking all items with you as soon as you have finished competing! All awards will be virtual so please clear the space as soon as your dancer has finished. Dressing rooms will be sanitized between studio transitions.

Masks during Competition: If there is a mask mandate in the county, all competition dancers will be required to wear masks while competing. If there is not a mask mandate, mask wearing during competition will be at the discretion of the studio director. All dancers will be required to wear masks in the dressing room and all spectators will be required to wear masks at all times.

Virtual Awards: Awards will be streamed through the NRG App. Adjudication awards may be announced after each studio has completed competition and Studio Directors will be made aware of the schedule. Overall Awards will be announced Saturday evening at the conclusion of competition. Scholarship Awards and the NRG Awards will be announced during the virtual streamed closing show. All Competition Awards will be given to studio directors @10:00 AM Sunday. Studios can pass out directly to dancers once back to your studio.

Pictures & Videos: As always all pictures and videos are complementary and can be viewed through a link on our website. Please use your dancer's individual media code, the first two letters of first name, last name, and birthdate. Example: Jane Smith born on July 12, 2004 would be jasmith071204. Pictures and videos will be available by Thursday the week after the attended event.

Closing Show: The closing show is virtual and will be streamed. Please use your dancer's individual media code. Scholarships and the NRG award winners will be announced during this time and awards will be given to the studio directors to be passed out at their convenience. NRG does not have a "re-dance" or "dance-off" during the closing show, so all dancers are free to leave after the final class.

Contact Us:

General Manager:

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